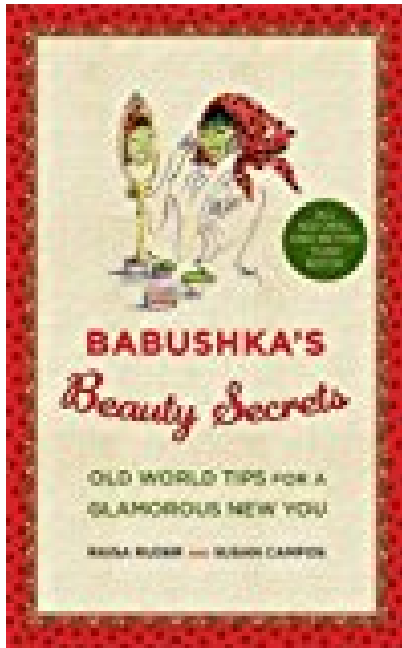


Babushkas Beauty Secrets Old World Tips for a Glamorous New You



BOOK DETAILS

- Author : Raisa Ruder
- Pages : 208 Pages
- Publisher : Grand Central Life & Style
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BOOK SYNOPSIS

DONT SPEND A FORTUNE TO LOOK FLAWLESS Esthetician to the stars Raisa Ruder learned her time-tested beauty techniques from her Ukrainian grandmother (or babushka, as they say in the old country). Now everyone can discover the all-natural, better-than-botox secrets the Hollywood stars use to shine on the red carpet! Ruder reveals her sought-after beauty recipes that can fight wrinkles, plump lips, and eliminate crows feet and acne, using inexpensive, everyday grocery items like eggs, honey, vegetable oil and strawberries (and a splash of vodka for freshness!). At last, by popular demand, Raisa Ruder opens up her babushkas secret pantry and shares her most amazing and effective beauty advice: Skin-saving Soufflés - whipped up wonders that shrink pores, brighten skin, and diminish lines Chocolate weight-loss wrap- a moment on the hips, tightens, tucks, and nips! Hot hair- a cayenne pepper blend that leaves locks silky, soft, and full PediPure- a soothing, smoothing foot scrub made with milk and mint Lustrous Lashes - a simple castor oil serum that thickens and lengthens Perfect Pucker- a mix of salt, green tea, and fruit that plumps up lips naturally And much more...

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