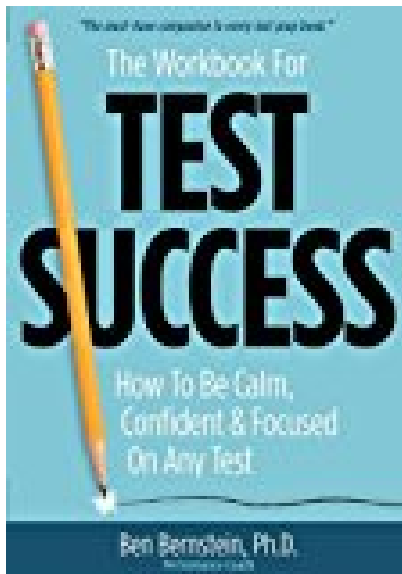


The Workbook for Test Success How to Be Calm Confident & Focused On Any Test.



BOOK DETAILS

- Author : Ben Bernstein
- Pages : 226 Pages
- Publisher : Sunbelt Publications
- Language : English
- ISBN : 098199590X

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BOOK SYNOPSIS

A guide that helps students get over test anxiety for any test offers strategies, advice, and exercises to alleviate stress and stay calm and focused.

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